 Autumn 1 Menu 2017

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| **Week Two** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Week Beginning 30.10.17 | Beef Lasagne  Vegetable chow mein  Corn on the cob  Peas  Jollof Rice  Peaches and custard  Fresh fruit  Yogurt | Marinated Drumstick  Roasted Vegetable Lasagne  Broccoli  Carrots  Green salad  Garlic bread  Fruit carrot cake  Fresh fruit  Yogurt | Shepherd’s Pie  Carrot Hot pot  Shredded cabbage  Baked beans  Rice pudding  Fresh fruit  Yogurt | Roast of the day  Quorn Roast  Carrots  Peas  Roast potatoes  Gravy  Fruit Jelly  Mandarins  Fresh Fruit  Yoghurt | Oven baked Cod  Fish fingers  Vegetable Nuggets  Peas  Corn  Chips  Cheese & Biscuit  Yoghurt  Fresh Fruit |

**All meals served with white and wholemeal bread**

**Selection of 6-8 salads available at salad bar.**

**Baked potatoes available every day.**