 Autumn 1 Menu 2017

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week Two** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Week Beginning 30.10.17 | Beef LasagneVegetable chow meinCorn on the cobPeasJollof RicePeaches and custardFresh fruitYogurt | Marinated DrumstickRoasted Vegetable LasagneBroccoliCarrotsGreen saladGarlic breadFruit carrot cakeFresh fruitYogurt | Shepherd’s PieCarrot Hot potShredded cabbageBaked beansRice puddingFresh fruitYogurt | Roast of the dayQuorn RoastCarrotsPeasRoast potatoesGravyFruit JellyMandarinsFresh FruitYoghurt | Oven baked CodFish fingersVegetable NuggetsPeasCornChipsCheese & BiscuitYoghurtFresh Fruit |

**All meals served with white and wholemeal bread**

**Selection of 6-8 salads available at salad bar.**

**Baked potatoes available every day.**