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Autumn 1 Menu 2017

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| **Week Three** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Week Beginning  09.10.17 | Beef meatballs in vegetable tomato sauce  Quorn Swedish style balls in vegetable tomato sauce  Carrot batons  Garden Peas  Spaghetti pasta  Fruit cocktail  Fresh fruit  Yogurt | Jerk chicken  Butternut and vegetable goulash  Sweetcorn  Fine green beans  Rice and peas  Shortbread and milk  Fresh fruit  Yogurt | Beef bolognaise  Vegetable bolognaise  Carrots  Garden Peas  Garlic bread  Rice pudding  Fresh fruit  Yogurt | Chicken Madras  Spicy Cheese Wrap  Broccoli  Shredded cabbage  Steamed rice  Pineapple upside down cake and custard  Fresh Fruit  Yoghurt | Oven baked Cod  Fish fingers  Vegetable Nuggets  Peas  Baked beans  Chips  Cheese & Biscuit  Yoghurt  Fresh Fruit |

**All meals served with white and wholemeal bread**

**Selection of 6-8 salads available at salad bar.**

**Baked potatoes available every day.**