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Autumn 1 Menu 2017

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| **Week Three** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Week Beginning 09.10.17 | Beef meatballs in vegetable tomato sauceQuorn Swedish style balls in vegetable tomato sauceCarrot batonsGarden PeasSpaghetti pastaFruit cocktailFresh fruitYogurt | Jerk chickenButternut and vegetable goulashSweetcornFine green beansRice and peasShortbread and milkFresh fruitYogurt | Beef bolognaiseVegetable bolognaiseCarrotsGarden PeasGarlic breadRice puddingFresh fruitYogurt | Chicken MadrasSpicy Cheese WrapBroccoliShredded cabbageSteamed ricePineapple upside down cake and custardFresh FruitYoghurt | Oven baked CodFish fingersVegetable NuggetsPeasBaked beansChipsCheese & BiscuitYoghurtFresh Fruit |

**All meals served with white and wholemeal bread**

**Selection of 6-8 salads available at salad bar.**

**Baked potatoes available every day.**