

# Anti-Bullying Week 2018: Choose Respect

- The theme for Anti-Bullying Week 2018 is: 'Choose Respect' and Anti-Bullying Week runs from 12th - 16th November
- We will hold Odd Socks Day for Anti-Bullying Week again on the first day of Anti-Bullying Week (12th November)

The theme for this year's Anti-Bullying Week is to choose respect over bullying.

Following a consultation with over 800 children, teachers and members of the Anti-Bullying Alliance, it emerged that a top priority was showing that bullying is a behaviour choice, and that children and young people can set a positive example by opting to respect each other at school, in their homes and communities, and online.

The aims of this week are to support schools and other settings to help children and young people, school staff, parents and other professionals who work with children to understand:

- **The definition of respect**
- **That bullying is a behaviour choice**
- **That we can respectfully disagree with each other i.e. we don't have to be best friends or always agree with each other but we do have to respect each other**
- **That we all need to choose to respect each other both face to face and online**

**This Anti-Bullying Week  
we are holding our first**



**STOP  
SPEAK  
SUPPORT**



**Cyberbullying Day**

Thursday 15th November

This  
**ANTI-BULLYING WEEK**

we

choose  
respect

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**#ANTIBULLYINGWEEK**

THEY  
CAN'T BULLY YOU  
...IF YOU DON'T  
CARE

# Parents Corner

## Feeling Happy, Feeling Safe

*Feeling Happy, Feeling Safe* is a series for pre-school children to watch with parents, carers or professionals. Each short film is designed to open conversations about emotions and safety, and supplies discussion questions.

The series has been developed from Kidscape founder Michele Elliott's original book of the same name.

<https://www.kidscape.org.uk/resources-and-publications/feeling-happy-feeling-safe/feeling-happy/>

<https://www.kidscape.org.uk/resources-and-publications/feeling-happy-feeling-safe/feeling-safe/>

<https://www.kidscape.org.uk/resources-and-publications/feeling-happy-feeling-safe/getting-lost/>

<https://www.kidscape.org.uk/resources-and-publications/feeling-happy-feeling-safe/saying-no/>

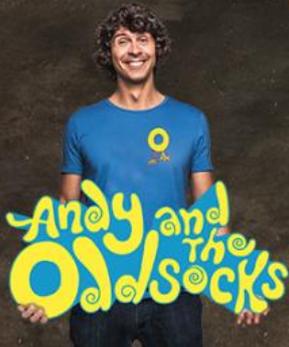
<https://www.kidscape.org.uk/resources-and-publications/feeling-happy-feeling-safe/touching/>



**We're holding**

**Odd Socks Day** 

**for Anti-Bullying Week  
again this year**



**Monday 12th November**

## Take part by ‘Dressing for yourself’

Hold a non-uniform (or ‘dress down’) day and encourage your students and staff to **Dress for themselves!** Pay £1 to wear something that celebrates who you are - a bright t-shirt, colourful socks, a big hat. Why follow the trend when you can stand out just by being you?

## Celebrate with food for friendship

A celebration is rarely complete without food, so why not get together with your friends and family to enjoy some comforting food this Friendship Friday?

Cooking with loved ones brings us together as we share our stories, our heritage, whilst nourishing our bodies. Sharing a meal with those you love is one of those binding things that does not discriminate regardless of religion, sex, gender or race, no matter where in the world you live. Food is also a great way to share cultures or even secret family recipes!

## When is it?

- Friendship Friday takes place this year on **Friday 9th November**. However, your school can host their own day on any Friday of the year.
- **Anti-Bullying Week** takes place **12th–16th November 2018**. This year’s theme is ‘Choose Respect’ and our classroom resource is designed to highlight this theme to your students.