



English Martyrs' Roman Catholic Primary School

Our vision is that all our pupils will leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

Physical Education and Sports Premium projected expenditure 2018/19 £16,000 + 380 pupils x 10 = £3,800 = £19,800

| Factors to be assessed | Proposed Activity/Objective | Cost | Impact/Evaluation | Sustainability |
|---|--|--|---|---|
| The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles | After school clubs offered to all (Fit for Sport) (5 sessions per week x 35 weeks). Increased enjoyment and participation, stamina and fitness. PE time tabled for 2 hours per week Yrs 3,4,5 to run a mile 3 times a week Yr 6 bike ability training | £9400 Free | Support the least active. To further develop the skills of the talented. | Pupils will be charged for ASC which are now free |
| To increase attendance at whole day/half day competitions and events | Athletics – Yr 5 & 6 whole class events spread across KS1 & 2 ideally at least one event per term per year group Multiskills – Yr 2 Athletics – Yr 3 & 4 Gymnastics – Yr 3 & 4 Rounders – KS2 Cricket – Yr 6 Swimming Gala | (Costs in LPESN subscription) + £500 | More competitive and non competitive activity opportunities for more children across the school. | Continue with funding for LPESN |
| Swimming & Water Safety To enable children to swim competently, confidently & proficiently over 25 metres using a variety of strokes | Extra lessons for children to achieve the standards | £1800 | All children learn this important skill to continue their healthy and active life styles. | Part of PE budget |
| Continue sports interventions (Active Me) for SEND pupils . SEN Festival of sport | Weekly sessions for SEND pupils To receive in school SEN supportive PE and attend at least 2 SEND Festivals | Costs in LPESN subscription) | Increased motivation and participation in inter and intra school sports. To maintain the SEN provisions & opportunities to access high quality physical activity | SSA's will take Active Me Sessions |
| Children to engage in cooking with cooking specialist to encourage healthy diets in the future | Cooking classes for children in years 4 & 5 | £200 | Children learn to prepare simple snacks and meals to promote healthy life styles for the future | Funded by Governors Fund |
| The profile of PE and sport being raised across the school as a tool for whole school improvement (CPD Programme) | On-going Subscription to London PE and school sport network . To attend NQT insets for NQTs Health and fitness week programme 4 weeks team teaching with PE coach | £5,500 | Increased confidence knowledge and skills of staff who have received PE training & support in specific areas | Funded from PE budget |
| TA Training | Half day inset that focuses on improving provisions during break and lunchtime through fun, structured physical activities plus support the assessment of pupils during PE | Costs in LPESN subscription) | To promote more physical activity during break and lunchtime. To support the assessment of attainment of pupils in PE. | Will be supported by PE leader |
| EYFS – Development of outdoor learning provision | Support for EYFS staff in developing the physical skills of children | CPD from | Early years provision is enhanced by | |



English Martyrs' Roman Catholic Primary School

| | | | | |
|--|---|------------------|---|----------------------------|
| and to offer opportunities for gross motor skill development | | LPESN (paid for) | supporting teachers with new ideas to keep 3 – 5 year old fit. | |
| PE/Playground resources | Purchasing equipment to provide resources for PE curriculum and physical activities during playtime. Increased provision. Wider range of sports on offer. Improved lifestyles at break and lunchtimes. | £2000 | Depending on equipment it is designed to build confidence & a sense of adventure and a broader experience of a range of sports and activities offered to all. | Maintenance from PE budget |
| Competitive sports kit | Increased participation in competitive events | £400 | Give the children a sense of pride and a team spirit when competing | No other funding required |