



P.E. Curriculum Map 2019-2020

		AUTUMN 1 (8 wks)	AUTUMN 2 (7 wks)	SPRING 1 (6 wks)	SPRING 2 (6 wks)	SUMMER 1 (5 wks)	SUMMER 2 (7 wks)
KEY STAGE 1	YEAR 1 2 x 1hr a wk	Gymnastics Floor Games Musical Throws Scatter ball	Dance Games	Gymnastics Apparatus Dance	Dance Games Kwik Cricket	Gymnastics Games Football	Athletics Throwing Running Jumping Games Tag rugby
	YEAR 2 2 x 1hr a wk	Gymnastics Floor Games (See games unit for Y2 in P.E folder)	Dance Games (See games unit for Y2 in P.E folder)	Gymnastics Apparatus Dance	Dance Games Kwik Cricket	Gymnastics Games Football	Athletics Throwing Running Jumping Games Tag rugby
KEY STAGE 2	YEAR 3 2 x 1hr a wk	Gymnastics Floor Swimming	Dance Swimming	Gymnastics Apparatus Swimming	Striking & Fielding Kwik Cricket Swimming	Invasion Games Football Swimming	Athletics Throwing - discus and javelin Running - sprint, relay Jumping - Long Swimming
	YEAR 4 2 x 1hr a wk	Gymnastics Floor Swimming	Dance Swimming	Gymnastics Apparatus Swimming	Striking & Fielding Kwik Cricket Swimming	Invasion Games Football Swimming	Athletics Throwing - discus and javelin Running - sprint, relay Jumping - Long and triple jump Hurdles Swimming
	YEAR 5 2 x 1hr a wk	Gymnastics Floor Striking & Fielding Cricket or Rounders	Dance Invasion Games Basketball or Netball	Gymnastics Apparatus Striking & Fielding Hockey	Dance Net/Wall Tennis	Athletics Throwing - discus and javelin Running - sprint and relay Jumping - Long and triple jump Invasion Games Football or Tag Rugby	Athletics Throwing - discus and javelin Running - sprint and relay Jumping - Long and triple jump Hurdles OAA
	YEAR 6 2 x 1hr a wk	Dance Invasion Games Football or Tag Rugby	Dance Net/Wall Tennis	Gymnastics Floor Striking & Fielding Cricket or Rounders	Gymnastics Apparatus Invasion Games Basketball or Hockey	Athletics Throwing - discus and javelin Running - sprint and relay Jumping - Long and triple jump Striking and Fielding Cricket	Athletics Throwing - discus and javelin Running - sprint and relay Jumping - Long and triple jump Hurdles OAA