

Indoor bowling with water bottles or cartons of empty drinks (as pins) you can number the bottles if you want.

Socks or a small ball, as a bowling ball.

You can compete with siblings or parents

[](https://www.google.co.uk/url?sa=i&url=https://www.pinterest.com/pin/775393260825075537/&psig=AOvVaw1UPdGV07kKbDoCfHJFub73&ust=1587550572803000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCODU_P6k-egCFQAAAAAdAAAAABAD)Challenge yourself everyday for the week to see if you get better and write down how many times it takes you to knock all the bottles down.