



English Martyrs' Roman Catholic Primary School

Impact of PE and sport premium on English Martyrs' RC Primary School 2019-2020

Our vision is that all our pupils will leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none">• Provided a range of after-school extra-curricular activities for all year groups including: Tag rugby, netball, basketball, football (girls and boys), multi skills club.• Provided high quality PE sessions to all year groups that focus on tactical, social, psychological sessions as well as the technical skills.• Provided children with a range of equipment, giving them access to different/new sports for break time and lunch time. This has enabled children to develop their skills and keep active.• The whole school has taken part in the Daily Mile challenge from the beginning of the year, which has motivated the children to exercise more and improve their stamina.• Worked with the LPESNN to provide children of different year groups with different competitions and collaborative events, including specific SEND events.• Professional long jump athlete Ezekiel Ewulo came into the school and delivered an assembly to the whole school, discussing topics such as healthy eating, social skills and dedication.• The whole school had the opportunity to watch the local semi-professional football team (Dulwich Hamlet) play for free.• Year 5 children who participated in the leadership day have been helped to lead the multi-skills after school clubs for the younger year groups.• Pupil voice, teachers' feedback and talking to pupils show that 100% of pupils enjoy PE and they really look forward to it. This helps to build a life-long love of sport.	<ul style="list-style-type: none">• Pupils to compete in virtual competitions.• Focus on improving the children's mental wellbeing each day in relation to COVID-19.• Focus on improving the children's resilience, independence and confidence in relation to COVID-19.



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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swims competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	64%
What percentage of your current Year 6 cohort uses a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	64%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	64%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No



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Academic Year: 2019/2020		Total fund allocated: £18,808.00 Total Spend £18,808.00		Date Updated: 14th July 2020	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity.					Percentage of total allocation: 70%
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:	
To encourage healthy active life styles engaging all pupils in regular physical activity.	Increased enjoyment and participation, stamina and fitness. New equipment. Athlete visit.	P.E. Sports coach £7315.45	The PE teacher has worked closely with the Evolve mentors and lunchtime supervisors to develop lunch time/play time play and support existing staff to incorporate techniques and games to engage children during lunchtime (1 ½ hours per day). Children have been active and have been enjoying their increased activity, whilst developing their physical, technical, social and psychological skills. New equipment has motivated children to play different sports during lunchtimes. They have gained new skills and kept active for longer.	These steps will need to be maintained next year. They will need to be funded in the next year via PE 7 sport premium budget 2020-2021.	



<p>Ensure that all pupils are involved in 60 minutes of physical activity per day.</p>	<p>'Active Me' sessions for SEND pupils After school clubs offered to all Improved lunch time / play time provision Work closely with Evolve mentors Participation on the 'Daily Mile'</p>	<p>No cost as run by PE Lead and SSA's</p> <p>Included in cost of sports coach</p>	<p>The children were very excited to have professional long jump athlete Ezekiel Ewulo in our school. They were listening attentively and engaging in his assembly, which discussed topics such as healthy eating, social skills and dedication.</p> <p>Weekly 'Active Me' sessions for SEND pupils have been fun for the children involved and also improved their social skills as well as their fundamental skills and technical skills in different sports. They have show more confidence to engage in class activity in PE lessons and lunch/play times.</p> <p>After school clubs offered to all children on a rotation basis. The PE teacher and Evolve mentors have increased the physical activity during lunch time and play time. They have</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p>
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		Evolve Health Mentor £5,844.79	<p>introduced new games and skills and participated in these games to provide extra motivation. The number of incidents of negative behaviour has decreased.</p> <p>Evolve mentors monitored the children who were engaging less in physical activity during the day and then provided them with clubs to raise their physical activity. These children showed improved stamina, concentration, mental health and social skills.</p> <p>Children across all year groups showed increase stamina as the year went on due to the 'Daily Mile' challenges. They were able to run for longer without stopping and at a faster pace.</p> <p>The London PE and School Sport Network has provided</p>	
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			<p>us with a sports coach who works specifically with year 6, for their PE and after-school clubs. She has experience and regular training, enabling her to deliver high-quality PE for the year 6. The children enjoy her sessions and improve on a range of skills.</p>	
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Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				29%
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Raise profile of PE and sport across the school.</p>	<p>On-going subscription to London PE and School Sport Network events. Watching a local semi-professional football match (Dulwich Hamlet). Athlete Visit (as mentioned before) Participation in the 'Daily Mile'. New school sport kit.</p>	<p>£5,500.00</p>	<p>Children across the school participated in competitions and collaborative challenge days, including different SEND events. These events increased the children's enjoyment and engagement in a variety of sporting activities and developed their competitive spirit as well as their ability to work together and solve problems.</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p> <p>Use this holistic approach to counter some of the negative effects of Covid-19.</p>



<p>Highlight the positive impact that sport has in other areas of learning and mental health.</p>	<p>Athlete Visit. Participation in the 'Daily Mile'.</p>		<p>Children and their families enjoyed watching the football match. This encourages parents to take their children to local sporting events and provides motivation for the children to pursue their sporting dreams.</p> <p>Ezekiel Ewulo provided the children with the motivation to try a new sport (long jump) and also showed them that they can achieve what they want, but they have to work for it and he gave them a breakdown of his timetable.</p> <p>Ezekiel also stated numerous other benefits of sport during his assembly, ie improved concentration, alertness and mental health. Ezekiel also discussed some difficulties he had to overcome and explained important life lessons like resilience, belief and the importance of improving social skills and working as a team.</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p> <p>Use this holistic approach to PE to counter some of the negative effects of Covid-19 and improve the children's mental wellbeing.</p>
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			<p>The PE teacher has delivered different assemblies before these new 'Daily Mile' activities. These assemblies have taught children about how physical activity improves their health, fitness and mental wellbeing as well as concentration and social skills. The children are able to state these benefits during PE lessons and have taken them seriously. Other staff has been present during these assemblies to improve their understanding of physical activity and PE.</p>	
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				0%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

<p>Ensure all staff are trained to deliver high quality PE activities to the children.</p>	<p>Continued collaboration with the London PE and School Sport Network.</p>	<p>Included in PESSN subscription</p>	<p>The London PE and School Sport Network has delivered staff training to all staff. This session made them feel more confident to teach PE and taught them some more techniques that can make the PE lessons more engaging for the children. This also helped them to identify ways to be inclusive and challenge each pupil appropriately.</p> <p>Team teaching with a coach from the London PE and School Sport Network was arranged but has had to be postponed due to Covid-19. These sessions are due to be rescheduled.</p>	<p>To continue working with London PE Sports Network (PESSN). PE budget needed.</p> <p>May need specific training on how to combat some of the negative effects of Covid-19. How to improve the children's resilience, independence and confidence.</p>
<p>Ensure the PE teacher is well trained to deliver high quality PE activities and collaborates with appropriate parties.</p>	<p>Continued collaboration with the London PE and School Sport Network and the Football Association. Continued support for all staff.</p>	<p>Included in PESSN subscription</p>	<p>The PE teacher has attended many training days and online webinars by The London PE and School Sport Network and also</p>	



	<p>Collaboration with Evolve mentors and lunchtime supervisors.</p>		<p>the Football Association. These have enabled him to improve his understanding of providing high quality PE. He has been given many tips of how to develop the children holistically and how to motivate them sufficiently. The children have developed their technical, tactical, social and psychological skills, which not only help them with sports but also provide them with the tools to have a happy and productive life both in school and outside of school.</p> <p>The PE teacher has provided tips to staff members throughout the year, providing support with where to find lesson plans, how to adapt them to meet the needs of the children and how to make each session fun and engaging. Staff members have improved their knowledge of PE and how to provide high-quality PE lessons.</p> <p>The PE teacher has worked with the Evolve mentors and</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p>
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			<p>lunchtime supervisors to develop lunchtime playtime provision. This has enabled the staff to provide a wide range of exciting activities and games for the children, which has enabled them to stay active for longer as well as improve their mental health, wellbeing and problem solving skills. Other staff have also been supported to incorporate these different techniques and games to engage children during lunch/play times.</p>	
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Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
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School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Increase a range of sports activities offered to children.</p>	<p>On-going subscription to London PE and School Sport Network events. Collaboration with Evolve. Athlete Visit. New equipment.</p>		<p>Children across the school have participated in a range of competitions and challenge days. Some of these events have been completely new for the children, ie boccia and new-age curling. The children have learned new skills and had fun playing sports they had not previously heard of.</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p> <p>Athlete visit to be an athlete of a different sport.</p>



			<p>Health & Wellbeing Parents/ Carers Cookery Workshops were being organised but had to be postponed due to Covid-19. These are due to be rescheduled at a later date.</p> <p>The Evolve mentors have provided children with different games that work on problem solving and social skills as well as physical fitness. The children are highly motivated to play these games and therefore show improvements physically, technically, socially and psychologically.</p> <p>The children had never thought of being a long jump athlete before Ezekiel Ewulo coming into our school. The children were highly motivated to try this new sport after his assembly. They were practicing their technique during play/lunch times, PE lessons and after-school clubs. They</p>	
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			<p>had fun whilst improving their long jumping ability.</p> <p>The children have enjoyed having new equipment, ie a boxing stand, frisbees and boomerangs. This has enabled the children to improve their hand-eye coordination and enjoy themselves during lunch/play times and after-school clubs.</p>	
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Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				0.75%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Provide children with competitive sport in school.	Staff to incorporate competition into PE lessons, lunch/play times and after-school clubs.	£142.76 (Sports Day)	The PE teacher has had training on how to motivate the children by competing against their own scores, partners and small groups during PE lessons. This is exciting for the children and has led to them improving a range of skills during a range of different activities.	<p>To make Sports Day an enjoyable and memorable time inclusive of healthy competitions. No traditional sports day this year due to Covid-19. PE budget will be used if equipment is needed for this.</p> <p>More in-house/virtual</p>



<p>Provide children with competitive sport out of school.</p>	<p>On-going subscription to London PE and School Sport Network events. Provide children with information of sports clubs out of school.</p>		<p>The PE teacher, Evolve mentors and lunchtime supervisors have been providing the children with competition, either against themselves, a partner, a small group or a team, throughout the year during lunch/play times and after-school clubs. This is exciting for the children and has led to them improving a range of skills during a range of different activities. They have improved their psychological skills as well as team building skills as a result of this competition.</p> <p>Children across the school participated in a range of competitions such as football, netball, boccia and tag rugby. The children enjoyed these competitions and developed their self esteem, resilience, team work skills and competitive spirit.</p> <p>The PE lead has provided the parents with the information of many different clubs of different</p>	<p>competitions.</p> <p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p>
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			sports (weekend, after school and half term clubs) for children of all ages and gender. Some of the parents have taken their children to these clubs and given positive feedback.	
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Summary

In summary, the PE and Sport Premium Budget has been crucial in enabling us to improve our provision of PE throughout the year. We have been able to work with valuable members from the London PE and School Sports Network, Evolve, the Football Association and the Daily Mile (London Marathon) to improve our understanding of PE and increase the range of opportunities that we provide for the children who attend our school and their parents. All staff has had support throughout the year that has increased their confidence and enhanced their ability to provide the children with high-quality PE. The high-quality sessions and the broader range of experiences provided to our children has motivated them to be more active during the day and meet the 60 minutes a day of physical activity as per the governments guidelines. They have also made holistic improvements due to this better provision of PE and physical activity at school; including physical, social, technical and tactical skills as well as showing improvements in their mental health and general wellbeing. The improved profile of sport across the school has also encouraged children to take up sports out of school and gives them the chance to gain a life-long love of sport and physical activity so they can continue to reap the numerous rewards throughout their life. The many positive steps we have made this year need to be maintained and improved upon next year, and the PE and Sport Premium Budget will enable this to happen.