

Our vision is that all our pupils will leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>• Provided some extra-curricular activities for children after lockdown (wake and shake and multi-skills).</li> <li>• Provided high quality PE sessions to all year groups that focus on tactical, social, psychological sessions as well as the technical skills.</li> <li>• Provided children with a range of equipment, giving them access to different/new sports for break time and lunch time. This has enabled children to develop their skills and keep active.</li> <li>• The whole school has taken part in the Daily Mile challenge from the beginning of the year to the end, which has motivated the children to exercise more and improve their stamina. This has been especially important after the lockdowns.</li> <li>• Worked with the LPESNN to provide children of different year groups with different competitions and collaborative events, including specific SEND events. These events took place in our school and only with our children.</li> <li>• The whole school participated in the Captain Tom 100 Challenge. This got them active and involved in fundraising for charity (£155.75p).</li> <li>• Pupil voice, teachers' feedback and talking to pupils show that <b>100% of pupils enjoy PE</b> and they really look forward to it. This helps to build a life-long love of sport.</li> <li>• Provided many opportunities on different platforms online for children to engage in physical and skills-based challenges in order to be inclusive during lockdowns.</li> </ul>	<ul style="list-style-type: none"> <li>• Pupils to compete in events and competitions out of school.</li> <li>• Focus on improving the children's resilience and confidence in relation to COVID-19.</li> <li>• Provide a range of after-school extra-curricular activities for all year groups including: Tag rugby, netball, basketball, football (girls and boys), multi skills club.</li> </ul>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swims competently, confidently and proficiently over a distance of at least 25 metres? <b>N.B.</b> Even though your children may swim in another year please report on their attainment on leaving primary school.	61%
What percentage of your current Year 6 cohort uses a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	71%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	36%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	No

## IMPACT OF PE AND SPORT PREMIUM AT ENGLISH MARTYRS' RC PRIMARY SCHOOL 2020-2021

Academic Year: 2020-2021		Total fund allocated: £21672 Total Spend £11400	Date Updated: 30 <sup>th</sup> April 2021	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity.				Percentage of total allocation: 32%
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
To encourage healthy active life styles engaging all pupils in regular physical activity.	Increased enjoyment and participation, stamina and fitness. New equipment. Athlete visit.	P.E. Sports coach £7000  No cost as run by PE Lead and SSA's Included in cost of sports coach	<p>The PE teacher has worked closely with the Evolve mentors and lunchtime supervisors to develop lunch time/play time play and support existing staff to incorporate techniques and games to engage children during lunchtime (1 ½ hours per day). Children have been active and have been enjoying their increased activity, whilst developing their physical, technical, social and psychological skills.</p> <p>New equipment has motivated children to play different sports during lunchtimes. They have gained new skills and kept active for longer. Daily 'wake and shake' sessions have enabled targeted children to get extra physical activity into their daily routine. They have practiced a range of skills as well as working on their physical fitness.</p> <p>There have been three special events for SEND pupils this year. The children have improved their social skills as well as their fundamental skills and technical skills in different sports. They have show more confidence to engage in class activity in PE lessons and lunch/play times.</p> <p>'Wake and shake' and multi-skills sessions have been delivered for targeted children, who have needed them most, after the lockdowns. The PE teacher, midday supervisors and Evolve mentor</p>	These steps will need to be maintained next year. They will need to be funded in the next year via PE 7 sport premium budget 2021-2022

<p>Ensure that all pupils are involved in 60 minutes of physical activity per day.</p>	<p>'Wake and shake' and multi-skills sessions for targeted children.</p> <p>Improved lunch time / play time provision.</p> <p>Work closely with Evolve mentor.</p> <p>Participation in the 'Daily Mile' all year round.</p>	<p>Evolve Health Mentor xx</p> <p>No cost as run by PE Lead and SSA's</p>	<p>have increased the physical activity during lunch time and play time. They have introduced new games and skills and participated in these games to provide extra motivation. The number of incidents of negative behaviour has decreased.</p> <p>Evolve mentors monitored the children who were engaging less in physical activity during the day and then provided them with clubs to raise their physical activity. These children showed improved stamina, concentration, mental health and social skills.</p> <p>Children across all year groups showed increase stamina as the year went on due to the 'Daily Mile' challenges. They were able to run for longer without stopping and at a faster pace than before lockdown.</p> <p>The London PE and School Sport Network has provided us with a sports coach who works specifically with year 6, for their PE and after-school clubs. She has experience and regular training, enabling her to deliver high-quality PE for the year 6. The children enjoy her sessions and improve on a range of skills.</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p>
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<p><b>Key indicator 2:</b> The profile of PESSPA being raised across the school as a tool for whole school improvement</p>				<p>Percentage of total allocation:</p>
				<p>20%</p>
<p>School focus with clarity on intended <b>impact on pupils:</b></p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and impact:</p>	<p>Sustainability and suggested next steps:</p>

<p>Raise profile of PE and sport across the school.</p>	<p>On-going subscription to London PE and School Sport Network events.</p> <p>Participation in the 'Daily Mile'.</p> <p>Captain Tom 100 Challenge.</p>	<p>£4,400.00</p>	<p>Children across the school participated in competitions and collaborative challenge days, including different SEND events (in school). These events increased the children's enjoyment and engagement in a variety of sporting activities and developed their competitive spirit as well as their ability to work together and solve problems.</p> <p>The children have been united in completing the 'daily mile' as a whole school. They have worked hard together to work towards a shared goal-improving their physical fitness and mental-wellbeing.</p> <p>All children across the school have participated in the Captain Tom 100 Challenge. They were able to vote for what activity they wanted to do in their classes, promoting independence and group work. They also were involved in fundraising for charity and helping others.</p> <p>The PE teacher has delivered different assemblies before these new 'Daily Mile' activities. These assemblies have taught children about how physical activity improves their health, fitness and mental wellbeing as well as concentration and social skills. The children are able to state these benefits during PE lessons and have taken them seriously. Other staff has been present during these assemblies to improve their understanding of physical activity and PE.</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p> <p>Use this holistic approach to counter some of the negative effects of Covid-19.</p>
<p>Highlight the positive impact that sport has in other areas of learning and mental health.</p>	<p>Participation in the 'Daily Mile'.</p> <p>Yoga workshops and booklets.</p>		<p>The London PE and School Sport Network has provided all children, parents and staff with the opportunity to participate in weekly yoga sessions online. They have also sent numerous healthy living booklets and activities (on the school website) for parents and children to engage in. These promote healthy living in general and help to keep positive mental health.</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p> <p>Use this holistic approach to PE to counter some of the negative effects of Covid-19 and improve the children's mental wellbeing.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				0%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Ensure all staff are trained to deliver high quality PE activities to the children.</p> <p>Ensure the PE teacher is well trained to deliver high quality PE activities and collaborates with appropriate parties.</p>	<p>Continued collaboration with the London PE and School Sport Network.</p> <p>Continued collaboration with the London PE and School Sport Network and the Football Association.</p> <p>Collaboration with Evolve mentors and midday supervisors.</p>	<p>Included in PESSN subscription</p> <p>Included in PESSN subscription</p> <p>Included in Evolve mentor cost and midday supervisor cost.</p>	<p>The London PE and School Sport Network has delivered staff training to all staff. This session made them feel more confident to teach PE and taught them some more techniques that can make the PE lessons more engaging for the children. This also helped them to identify ways to be inclusive and challenge each pupil appropriately.</p> <p>The PE teacher has attended many training days and online webinars by The London PE and School Sport Network and also the Football Association. These have enabled him to improve his understanding of providing high quality PE. He has been given many tips of how to develop the children holistically and how to combat some of the negative effects of the lockdowns due to COVID-19. The children have developed their agility, balance and coordination as well as physical fitness and social skills; which were lacking after the lockdowns.</p> <p>The PE teacher has worked with the Evolve mentor and midday supervisors to develop lunchtime and playtime provision. This has enabled the staff to provide a wide range of exciting activities and games for the children, which has enabled them to stay active for longer as well as improve their mental health, wellbeing and problem solving skills. Other staff have also been supported to incorporate these different techniques and games to engage children during lunch/play times.</p>	<p>To continue working with London PE Sports Network (PESSN). PE budget needed.</p> <p>May need specific training on how to combat some of the negative effects of Covid-19. How to improve the children's resilience, independence and confidence.</p> <p>Team teaching with a coach from the London PE and School Sport Network would be good to provide teachers with more confidence and knowledge.</p> <p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p>

<b>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</b>				Percentage of total allocation:
				N.A.
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Increase a range of sports activities offered to children.	<p>On-going subscription to London PE and School Sport Network events.</p> <p>Collaboration with Evolve.</p> <p>New equipment.</p>	<p>Included in PESSN subscription</p> <p>Included in Evolve mentor cost.</p>	<p>Children across the school have participated in a range of competitions and challenge days (in school). Some of these events have been completely new for the children, ie boccia and new-age curling. The children have learned new skills and had fun playing sports they had not previously heard of.</p> <p>The Evolve mentors have provided children with different games that work on problem solving and social skills as well as physical fitness. The children are highly motivated to play these games and therefore show improvements physically, technically, socially and psychologically.</p> <p>The children have enjoyed having new equipment, ie a boxing stand, frisbees and boomerangs. This has enabled the children to improve their hand-eye coordination and enjoy themselves during lunch/play times and extra-curricular activities.</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p> <p>Athlete visit to be an athlete of a different sport than the previous year.</p> <p>Provide Health &amp; Wellbeing Parents/ Carers Cookery Workshops.</p>

<b>Key indicator 5: Increased participation in competitive sport</b>				Percentage of total allocation:
				N.A.
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

<p>Provide children with competitive sport in school.</p>	<p>Staff to incorporate competition into PE lessons, lunch/play times and after-school clubs.</p>		<p>The PE teacher has had training on how to motivate the children by competing against their own scores, partners and small groups during PE lessons. This is exciting for the children and has led to them improving a range of skills during a range of different activities. The PE teacher, Evolve mentors and midday supervisors have been providing the children with competition, either against themselves, a partner, a small group or a team, throughout the year during lunch/play times and after-school clubs. This is exciting for the children and has led to them improving a range of skills during a range of different activities. They have improved their psychological skills as well as team building skills as a result of this competition.</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p>
<p>Provide children with competitive sport out of school.</p>	<p>Sports Day.</p> <p>On-going subscription to London PE and School Sport Network events. Provide children with information of sports clubs out of school.</p>		<p>Sports Day is organised for 24<sup>th</sup> June and will be held in school in key stages. This event will involve transferable skills, problem solving skills, team work and more traditional races.</p> <p>Children across the school participated in a range of competitions (in school) such as football, netball, boccia and tag rugby. The children enjoyed these competitions and developed their self esteem, resilience, team work skills and competitive spirit.</p> <p>The PE lead has provided the parents with the information of many different clubs of different sports (weekend, after school and half term clubs) for children of all ages and gender. Some of the parents have taken their children to these clubs and given positive feedback.</p>	<p>To make Sports Day an enjoyable and memorable time inclusive of healthy competitions (post COVID). PE budget will be used if equipment is needed for this.</p>

### Summary

In summary, the PE and Sport Premium Budget has been crucial in enabling us to improve our provision of PE throughout the year, especially after a difficult year or so in relation to the negative effects of COVID-19 and the lockdowns. We have been able to work with valuable members from the London PE and School Sports Network, Evolve, the Football Association, the Daily Mile (London Marathon) and FutureSense (Captain Tom 100 Challenge) to improve our understanding of PE and increase the range of opportunities that we provide for the children who attend our school and their parents. All staff has had support throughout the year that has increased their confidence and enhanced their ability to provide the children with high-quality PE. The high-quality sessions and the broader range of experiences provided to our children has motivated them to be more active during the day and meet the 60 minutes a day of physical activity as per the governments guidelines. They have also made holistic improvements due to this better provision of PE and physical activity at school; including physical, social, technical and tactical skills as well as showing improvements in their mental health and general wellbeing after COVID-19 lockdowns. The improved profile of sport across the school has also encouraged children to take up sports out of school and gives them the chance to gain a life-long love of sport and physical activity so they can continue to reap the numerous rewards throughout their life. The many positive steps we have made this year need to be maintained and improved upon next year, and the PE and Sport Premium Budget will enable this to happen.