

# ENGLISH MARTYRS' CATHOLIC PRIMARY SCHOOL



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Website: www.englishmartyrsrprimary.co.uk  
Headteacher: Mr J Camilleri

## NEWSLETTER

Friday 11th February 2022

*Dear parents and carers*

We have now reached the half way point of this current school year. We started our week with our Prayer and Liturgy assembly focusing on the story of the Miraculous catch of fish which was last Sunday's Gospel reading.

This week was Children's mental health week. Children reflected on this year's theme - **GROWING TOGETHER** and how we can help others on their life journeys as we grow up.



On Tuesday we also marked **SAFER INTERNET DAY**. All children reflected on the benefits of the internet but also thought about how to make sure they are always aware of dangers that browsing online can have and how to overcome these when they happen.

On Wednesday our **Reception** children had a lot of fun working in groups with visitors from **King's College Hospital**. They used a range of resources to learn about different parts of the body, how to look after their bodies and teeth using their Teddy bear friends.

As part of our **China day** celebration, today Class 1K prepared and presented a wonderful assembly in which they shared a lot of information about China. This Assembly has been recorded and posted on the Year 1 MS Teams page so all parents can view it from home.

We all now look forward for our half term break next week. We hope that everyone will find time to do different things they enjoy. Teachers have set exciting and engaging projects for children to work on during half term week. See the MS Teams page for details.

Have a good half term break.

### DATES FOR YOUR DIARY

The following are some of the important dates to remember



**Week beginning 14th February**  
**Beginning of Half term week**

**Monday 21st February**  
**Spring Term 2 begins**  
**Children return to school.**

**Monday 21st February**  
**Year 6 Citizenship workshops**

**Friday 11th February**  
**Class Assembly - 3C**

**Wednesday 2nd March**  
**Ash Wednesday**

**Thursday 3rd March**  
**World Book day**

**WORSHIP TOGETHER - ASPIRE TOGETHER - EXCEL TOGETHER**



## PARENTS' WORKSHOPS



### FAMILY METAL HEALTH and WELLBEING

TUESDAY 22nd FEBRUARY  
3.15 pm

## SAFEGUARDING

Are you concerned about the Safeguarding or wellbeing of a child?

Make a record of your concern and include facts such as date, time, what you know and any witnesses.



Add your signature and submit to a member of our Safeguarding team.

**Ms Akpojotor - Mr Camilleri**

**Ms Bentaleb - Ms Essel - Ms Platt**

## LAPTOPS LENDING SCHEME

As children are now carrying out more work online, we have **laptops** available to offer on loan to families who need them to use for home learning and to work on the homework tasks set for them by teachers. Laptops are loaned on a **termly basis** and an agreement has to be signed by parents. A £10 contribution per term applies. If you would like to benefit from this scheme please contact the school office.



Every week our Mid-day meals supervisors award stars to pupils who show our school values during lunchtime breaks.

The following are the names of our Star children for this week.



**Nursery:**  
Hannah, Raheem, David O

**Reception:**

Harli, Zaman  
Year 1:

Fikayo, Anthony, Kiyana

**Year 2:**

Solyanan, Eldana

**Year 3:**

Atinuke, Edward, George

**Year 4:**

Rachael, Bersabel, Anisha,  
Daniella

**Year 5:**

Enoch, Michael

**Year 6:**

Jeffrey, Mercy, Hannah, Kayla,  
Anabele



FREE SUPPORT FOR SOUTHWARK PARENTS AND CARERS

ONLINE SAFETY AND DIGITAL RESILIENCE

Helping you to stay safe online and protect your children's wellbeing. These sessions are open to any parent or carer of children or young people in Southwark.

**Online Gaming: What you need to know**

Monday 20th February, 6pm-7pm

Helping you to understand online gaming

**Digital Wellbeing and Screen Time**

Monday 20th February, 6pm-7pm

Helping you to understand screen time

**Online risks, activities and misinformation**

Thursday 24th February, 6pm-7pm

How to stay safe online and protect your children's wellbeing

**Helping your child stay safer online (primary age children)**

Monday 20th February, 6pm-7pm

How you can help your child stay safer online

**Being Internet Brave (primary age children)**

Thursday 24th February, 6pm-7pm

Communicating with your child about online safety

To sign up visit:

<https://www.safelocal.org.uk/events>

**FREE SUPPORT FOR SOUTHWARK PARENTS AND CARERS on ONLINE SAFETY and DIGITAL RESILIENCE**

See page 4 of this Newsletter for more details.

# FROM AROUND THE SCHOOL

# THIS WEEK

## MUSIC

Year 1 have been learning about how composers portray characters in music. They listened to **Peter and the Wolf** and **The Dance of the Sugar Plum Fairy**. They thought about suitable classroom instruments to use to represent the Sugar Plum Fairy and experimented with them.

Year 2 have been learning about how composers are influenced by the weather. They have listened to **Storm by Benjamin Britten** and **Winter by Vivaldi**. They watched a film showing different metal instruments being played in various ways to create cold sounds and brought in metal sound sources from home. They explored a cold small world scene for inspiration and have been working in groups, experimenting on metal instruments to create Wintery sounds.



## ART

Year 1— Celebrated the **Chinese New Year** by making Chinese Lanterns and coolie hats—this was good practice for their cutting skills. They also did some Chinese writing and used block paints and fluorescent liquid paints producing some lovely painting of **Blossom**. They also drew a wonderful Dragon.

Year 6— have been studying the artist **Lowry** and have produced some fantastic copies of his work, he was well known by his **Matchstick men and matchstick cats and dogs** that in 1977 a song was released called



Matchstick men and Matchstick Cats and dogs - look it up on the internet and have a listen.

Year 5— Our topic for Spring Term 1 was

**self portraits**. The children found using and controlling chalk pastels a bit difficult and messy but their perseverance paid off and produced some lovely work.



**Free Family learning activities 2022**



**Things to do this half term!**

**Adult learning service**

[www.southwark.gov.uk](http://www.southwark.gov.uk)

# **Reduce, Reuse and Recycle**

**Arts & Crafts, Fun with Maths, Seed bombs, Storytelling  
and more!**



**Monday 14<sup>th</sup> & Tuesday 15<sup>th</sup> February 2022**

**1.00pm – 3.30pm**

**@ Thomas Calton Centre  
Alpha Street, London SE15 4NX**

**Book a place now - call 020 7358 2100**

For more information email |

[Margaret.Taribo@southwark.gov.uk](mailto:Margaret.Taribo@southwark.gov.uk)

## **FREE SUPPORT FOR SOUTHWARK PARENTS AND CARERS ONLINE SAFETY AND DIGITAL RESILIENCE**

We are pleased to offer a fantastic programme of free webinars covering key areas of online-safety and digital-resilience. These sessions are open to any parent or carer that lives or works in Southwark.

### **Online Gaming: What you need to know**

*Thursday 27th January, 5pm-5:30pm*

Exploring the benefits and risks of the world of online gaming.

### **Digital Wellbeing and Screen Time**

*Thursday 3rd February, 5pm-5:30pm*

Managing screen time and helping your child's wellbeing.

### **Online risks, extremism and misinformation**

*Thursday 10th February, 5pm-5:30pm*

How to adopt a "digital resilience" approach to keep your child safe online

### **Helping your child stay safer online (primary-age children)**

*Thursday 24th February, 5pm-5:30pm*

How you can help your child explore their online world safely.

### **Being Internet Brave (primary-age children)**

*Thursday 3rd March, 5pm-5:30pm*

Communicating with your child about online safety.

To sign up, visit:

**<https://www.pzlocal.org.uk/events>**



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V2: 13/07/21  
IRAS ID: 297116

## Are you a parent who finds it tough to manage strong emotions? Are you worried about your child's behaviour?

Would you be interested in participating in research on a new parenting group?

We are looking for parents of children, aged 2-11, who are worried about their child's behaviour to take part in research on a **new parenting group**. Being a Parent- Enjoying Family Life is for parents who may be experiencing **strong emotions** which spillover into their parenting, who may **struggle to trust** in relationships/friendships or may have experienced challenging childhoods or invalidating relationships with their own parents.



We want to test whether BaP-EFL helps parents better than the original EPEC-BaP groups. BaP-EFL and EPEC-BaP are both ran **by parents, for parents**.



If you are interested and eligible for the study, you will receive either BaP-EFL or original EPEC-BaP **parenting groups**. The groups last between **9-10 weeks** for **2 hours** and cover topics such as **managing stress, discipline strategies and communication skills**. A creche will be provided if needed.

Parents will also be asked to complete online questionnaires and an at home interview before, after and 6 months after attending the group. You will receive **up to £85** for your participation in these questions

To find our more and register your interest, please follow this link: [https://kclbs.eu.qualtrics.com/jfe/form/SV\\_3luWeTjmKHZaKYC](https://kclbs.eu.qualtrics.com/jfe/form/SV_3luWeTjmKHZaKYC)

Or scan the QR code with the camera on your smart phone. A researcher will contact you via email or phone to give you more details on the study. Alternatively, please contact Ellie Baker (PhD student) at [ellie.baker@kcl.ac.uk](mailto:ellie.baker@kcl.ac.uk) for further information.



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## Struggling to cope? Worried about your parenting?

Join our research into a new parenting group for parents of children, aged 2-11, who experience strong emotions and struggle to trust in relationships.

- Learn discipline strategies that work
- Improve communication
- Meet other parents who share your experience
- Enjoy family life more



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V2: 26/11/21  
IRAS ID: 297116

## Feeling overwhelmed? Trying to manage the stresses of parenting?



Join our research into a new parenting group for parents of children, aged 2-11, who experience strong emotions and struggle to trust in relationships.

- Learn discipline strategies that work
- Improve communication
- Meet other parents who share your experience
- Enjoy family life more

For more information, sign up here: [https://kclbs.eu.qualtrics.com/jfe/form/SV\\_3luWeTjmKHZaKYC](https://kclbs.eu.qualtrics.com/jfe/form/SV_3luWeTjmKHZaKYC) or email [ellie.baker@kcl.ac.uk](mailto:ellie.baker@kcl.ac.uk)



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## Worn down by family arguments?



Join our research into a new parenting group for parents of children, aged 2-11, who experience strong emotions and struggle to trust in relationships.

- Learn discipline strategies that work
- Improve communication
- Meet other parents who share your experience
- Enjoy family life more